



SP-ND007 Standard of Practice
Standard of Practice : Restrictions To Naturopathic Practice
Approved Date: effective May 27, 2026
Amended: n/a
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Note to Readers: *In the event of any inconsistency between this document and the legislation that governs chiropractic and naturopathic practice in Nova Scotia, the legislation prevails.*

Standard of Practice ND-007

RESTRICTIONS TO NATUROPATHIC PRACTICE IN NOVA SCOTIA

The Nova Scotia Chiropractic and Naturopathic Regulator (NSCNR) recognizes that the following practices may be offered in various health and wellness settings.

In accordance with the Regulated Health Professions Act and the NSCNR Regulations, the following practices are not permitted by within the scope of practice of naturopathy in Nova Scotia for those holding a naturopath practising license or naturopath conditional license:

- Immunoglobulin E scratch testing
- Live blood cell testing
- Colon hydrotherapy
- Administration of vaccinations to individuals under five (5) years of age
- Hyperbaric oxygen therapy
- Aesthetic practices using substances or tools in the prescribed reserved practice areas

Administering or offering professional advice related to these practices could be considered professional misconduct and/or conduct unbecoming the profession in a professional conduct process and would be acting without professional liability protection/malpractice insurance.