

Note to Readers: In the event of any inconsistency between this document and the legislation that governs chiropractic and naturopathic practice in Nova Scotia, the legislation prevails.

1. INTRODUCTION

The Nova Scotia Chiropractic and Naturopathic Regulator (NSCNR) is the regulatory authority for the practice of Chiropractic and Naturopathy in the Province of Nova Scotia.

The NSCNR serves and protects the public interest to advance ethical and competent chiropractic and naturopathic care in Nova Scotia.

This Standard of Practice establishes the minimum requirements for ND Registrants who utilize Homeopathy as an adjunctive practice for patient care.

2. APPLICATION AND ADMINISTRATION

This Standard of Practice shall apply to all naturopathic doctors registered and holding an active naturopathic license with the NSCNR (the “**ND Registrant**” or collectively the “**ND Registrants**”).

The administration and application of this Standard of Practice shall be the responsibility of the Registrar. Should the NSCNR become aware of any alleged breach or noncompliance with this Standard of Practice, it may take any action it considers appropriate, including but not limited to:

- a. contacting a ND Registrant to request the immediate remedy of any suspected breach or non-compliance; and/or
- b. filing a formal complaint under the *Regulated Health Professions Act* regarding the suspected breach or non-compliance as professional misconduct.

3. OBJECTIVES

The objectives of this Standard of Practice are to uphold public interest and safety by:

- a) defining the conditions under which ND Registrants may utilize homeopathy in patient care;
- b) establishing additional minimum requirements for informed consent and record keeping when using homeopathy;
- c) clarifying boundaries for the use of homeopathy by NDs in Nova Scotia.

SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

4. DEFINITIONS

The following terms have the following meanings when used in this Standard of Practice:

Adjunctive Practice means the use of a therapeutic intervention only in addition to, and not as a standalone treatment or substitute for, appropriate evidence-based diagnosis and treatment, and in a manner that does not delay or interfere with such care.

Board refers to the Board of the Nova Scotia Chiropractic and Naturopathic Regulator.

Homeopathy refers to treatment that uses substances prepared through serial dilution and succussion.

Homeopathic remedy/remedies refers to a product or products authorized by Health Canada as Homeopathic Medicines (DIN-HM).

Professional misconduct has the same meaning as set out in the *Regulated Health Professions Act* and includes failing to maintain the standards of practice.

Reserved Practice means an activity, procedure or service within the scope of practice of chiropractic or naturopathy that:

- a. involves sufficient risk to the public, as determined by the Board;
- b. the Board requires licensed person to meet additional education, additional training or other requirements beyond an entry to practice level to engage in, and;
- c. a licensed person may engage in only with the approval of the registrar and may require a specific permit.

Substance has the same meaning as set out in the *Chiropractic and Naturopathic Regulations* and means anything, other than a drug, permitted by scope of practice legislation or bylaws, that is publicly available, and which may include botanical tinctures, botanical powders, herbals, extracts, base creams, slaves, ointments, vitamins, minerals, and amino acids.

5. STANDARDS OF PRACTICE

A. Adjunctive Homeopathy Scope of Authorization

- a) Homeopathy may be used only as an Adjunctive Practice in the scope of ND Registrants.
- b) The use of homeopathy as an Adjunctive Practice must be disclosed in the ND Registrants professional register upon registration and/or renewal of licensure.

SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

- c) If a Registrant's use status changes throughout the registration cycle, the Registrant must inform the Registrar of the NSCNR and update their profile in the Registrant portal online.
- d) Adjunctive homeopathy may only be used by ND Registrants who have attained individual training and competency as demonstrated by:
 - i. graduation of an approved CNME accredited school that includes instruction in homeopathic treatments in core curriculum OR additional training in homeopathy offered by a CNME accredited school as an elective or post-graduate course approved by the NSCNR; and
 - ii. successful completion of the North American Board of Naturopathic Examiners examination, Part II **OR** The Ontario Clinical Sciences Examination which include testing of competency in homeopathic practices; or
 - iii. equivalent training and competency approved by the Board of the NSCNR.

B. General Standards

- a) Adjunctive homeopathy must not be used or recommended as a replacement for conventional or evidence-based therapies for serious, progressive, infectious or life-threatening conditions.
- b) Registrants must:
 - i. ensure all homeopathic remedies or substances which are used have a Homeopathic Medicine Number (DIN-HM) issued by Health Canada;
 - ii. only use or recommend homeopathic remedies or substance that are within the Registrant's individual training and competency;
 - iii. follow all manufacturer instructions for storage, handling, preparation, and administration of all homeopathic substances (including temperature, light protection, and expiry controls); and
 - iv. maintain a process to segregate expired, recalled, or compromised products from active inventory;
- c) A Registrant must not obtain, store, or use homeopathic remedies or substances where:
 - i. the integrity of the supply chain is unknown,
 - ii. where product authenticity cannot be reasonably verified, or
 - iii. where there is reason to believe the product has been compromised (including by improper storage, damage, expiry, or recall).
- d) ND Registrants using adjunctive homeopathy in patient care must:



SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

- i. provide a clear clinical rationale for use based on credible clinical evidence, where available, and/or established naturopathic principles;
- ii. documented in the patient record the rationale for adjunctive homeopathic treatment as well as any reactions to treatment provided or recommended;
- iii. not represent adjunctive homeopathic treatment as equivalent to or a substitute for evidence-based treatments, including vaccination;
- iv. disclose to patients the nature, intended benefits, and limitations of homeopathic remedies;
- v. Inform patients of alternative evidence-based treatment options;
- vi. Discontinue adjunctive homeopathic treatments, utilize other therapeutic options within their scope of practice and/or refer the patient to an appropriate healthcare professional if a patient's condition does not improve or worsens;
- vii. obtain and document informed consent in accordance with the **NSCNR Standard of Practice: Informed Consent**, and including consent specific to adjunctive homeopathy treatment indicated by a signed and dated ***Informed Consent for Adjunctive Homeopathy*** form as noted in **Appendix A**
- viii. remain current with research, guidelines, and professional consensus regarding homeopathic interventions;
- ix. comply with all components of the **NSCNR Standard of Practice: Professional Communications**, particularly those regarding unsubstantiated claims. Adjunctive homeopathic services must not be represented as the practice of naturopathy and communicated only as non-evidence-based adjunctive treatment.
- x. ensure compliance, where applicable, with the **NSCNR Standard of Practice: Infectious Disease Prevention and Control** and any other applicable NSCNR procedural standards;
- xi. comply with all components of **NSCNR Standard – Emergency Preparedness**; and
- xii. comply with the **NSCNR Standard of Practice: Patient Record Management** and ensure contemporaneous and accurate recording of specific details related to

SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

adjunctive homeopathy treatments sufficient to support traceability, patient safety follow-up, and quality assurance, including:

- (a) the clinical indication and rationale for use of homeopathic interventions or recommendations;
- (b) the name of the remedy or substance recommended, provided and/or administered, including details to support product recall response and follow-up;
- (c) the lot number and expiry date;
- (d) the date and time of intervention; and
- (e) the patient response, follow-up and monitoring, and any adverse events.

E. QUALITY ASSURANCE

The NSCNR may at any time request submission of inventory records, training documentation, patient records, procurement documentation, storage logs (where applicable), emergency protocols, and any other documentation required to demonstrate compliance with this Standard of Practice.

The NSCNR may conduct inspections or audits related to adjunctive homeopathy use in practice, as permitted by Chiropractic and Naturopathy Regulations and Nova Scotia Chiropractic and Naturopathic Regulator Bylaws.

7. EXEMPTIONS

There are no exemptions to this Standard of Practice.

8. RESTRICTIONS

This Standard of Practice **does not permit** ND Registrants to:

- a) dispense, supply, or administer homeopathic substances outside the Registrant's individual competence, training, or scope of practice;
- b) use substances and/or drugs where authenticity, storage conditions, or product integrity cannot be reasonably verified;
- c) use adjunctive homeopathy without specific informed consent in any aspect of naturopathic practice;
- d) use adjunctive homeopathy as a singular tool for naturopathic practice; and
- e) delegate any aspect of this activity.

SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

9. LEGISLATIVE CONTEXT

[Regulated Health Professions Act \(2023\)](#)

[Regulated Health Professions General Regulations](#)

Regulations Respecting Chiropractic and Naturopathy

Nova Scotia Chiropractic and Naturopathic Regulator Bylaws

10. ADDITIONAL RELEVANT STANDARDS OF PRACTICE:

Registrants are advised that all NSCNR Standards of Practice apply, including but not limited to, specific application of:

- Patient Record Management
- Professional Communications
- Retail Sales
- Informed Consent
- Emergency Preparedness
- Infectious Disease Prevention and Control



SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

Appendix A: Mandatory Informed Consent for Homeopathy Treatment



Mandatory Informed Consent for Adjunctive Homeopathy Treatment by Licensed Naturopathic Doctors in Nova Scotia

Practitioner Information

Naturopathic Doctor (ND): _____

Clinic Name: _____

This document is intended to provide you with clear information about the use of homeopathy in naturopathic care, so that you can make an informed decision about your treatment.

Please read this document carefully and ask any questions before signing.

Specific Disclosure Regarding Homeopathy

Homeopathy is a system of treatment developed in the 18th century based on principles such as 'like cures like' and the use of highly diluted substances. It is important that you understand the following:

- Homeopathy is not supported by the prevailing scientific consensus as an effective treatment for medical conditions.
- This position is consistent with Health Canada's stance recognizing homeopathic products as based on traditional use rather than modern scientific evidence.
- Homeopathy is considered a traditional or alternative approach rather than an evidence-based medical treatment.

Voluntary Use of Homeopathy

The use of homeopathic remedies is entirely optional. You may choose to accept or decline homeopathic treatment at any time without affecting your access to other services.



SP- ND005
Adjunctive Use of Homeopathy
Approved Date: effective May 27, 2026
Amended: n/a
Next Review Date: 2029

Homeopathy is not to be considered a substitute for medical care.

Homeopathic treatments may only be used by licensed Naturopaths in Nova Scotia as an adjunctive therapy, not as a stand-alone treatment procedure.

Potential Risks

- Lack of scientific evidence supporting effectiveness
- Possible delay in receiving evidence-based care

Opportunity for Questions

You have the right to ask questions about your diagnosis, proposed treatments, alternatives, and expected outcomes. All questions will be answered before consent is obtained.

Consent

By signing below, you acknowledge that you understand that homeopathy is not supported by prevailing scientific consensus, is optional, is not a replacement for medical care, and is based on traditional models rather than modern scientific evidence. You consent to naturopathic care using homeopathy.

Signatures

Patient Name (Print): _____

Phone/Email: _____

Patient Signature: _____

Date: _____

Practitioner Signature: _____

Date: _____