



NSCNR Ozone Practice Guide for ND Registrants holding a Reserved Practice Permit

PURPOSE:

This guide is intended to support the **NSCNR Standard of Practice: Reserved Practice Permit – Ozone & Oxidative Therapies** and provide helpful examples of best practice. It is not exhaustive and does not replace your obligation to comply with the full Standard of Practice and all other applicable NSCNR Standards.

In the event of any inconsistency between this guide and the Standard, the Standard governs. In the event of any inconsistency between this document and the legislation that governs chiropractic and naturopathic practice in Nova Scotia, the legislation prevails.

This document can help with:

- ❖ Basic qualifications for a permit to use Ozone Therapy
- ❖ How to maintain your permit
- ❖ What this permit allows you to do
- ❖ Your responsibilities as a professional, regulated, health care provider
- ❖ Tips to “self-check” to provide safe care to your patients

OZONE PERMIT PATHWAYS

The Ozone & Oxidative Therapies permit is not organized by anatomical area. Instead, it authorizes the **modality itself**, while the route of administration determines whether additional permits are required.

A permit does not authorize every ozone-related procedure automatically.

If you hold an Ozone and Oxidative Therapies Reserved Practice Permit only

This permit alone, authorizes you to use ozone and oxidative therapies **delivered through routes that do not require a separate Injection Therapies or Intravenous Therapy permit**, where those routes are otherwise within scope and within your training and competence. Examples may include:

- ❖ rectal or vaginal insufflation;
- ❖ topical ozone applications

If you hold an Ozone and Oxidative Therapies Reserved Practice Permit + Injection Therapies permit

You require BOTH permits where ozone or oxidative therapies are delivered by **injection-based routes**, including but not limited to:

- ❖ intramuscular, subcutaneous, intra-articular, or peri-articular ozone injection (e.g., prolozone)

If you hold an Ozone and Oxidative Therapies Reserved Practice Permit + Injection Therapies permit with IV authorization

You require BOTH permits AND additional IV authorization where ozone or oxidative therapies are delivered by **intravenous route**, including but not limited to:

- ❖ Minor autohemotherapy
- ❖ major autohemotherapy
- ❖ IV oxidative therapy applications where permitted by NSCNR

This means that:

- holding the Ozone & Oxidative Therapies permit alone does not authorize you to provide injection-based ozone care;
- holding the Ozone permit alone does not authorize you to provide IV delivered ozone care; and
- **you must hold all permits required for the route being used to administer.**

You are responsible for ensuring that you are individually trained and competent in each specific technique and route you use.

PERMIT REQUIREMENTS: INITIAL CHECKLIST

To receive an Additional Practice Permit for Ozone & Oxidative Therapies, you must complete all requirements in the Standard. A reference checklist includes:

- ✓ Hold an active practising naturopathic license with the NSCNR
- ✓ Provide evidence of successful completion of one of the required examinations:
 - Canadian Prescribing and Therapeutics Examination (or board-approved equivalent)
- ✓ Complete NSCNR-approved ozone and oxidative therapies training
- ✓ Hold current advanced first aid credentials as required by NSCNR
- ✓ Hold professional liability insurance as required by the NSCNR Professional Liability Standard at a minimum of 5,000,000.00 for entry-to-practice activities and any additional services authorized under an NSCNR-issued Additional Practice Permit. Where required by the insurer, specific additional practice activities (injection therapies) must be explicitly identified in the policy.
- ✓ Hold any additional route-based permit required for the method of administration:
 - Injection Therapies permit for injection-based ozone applications in the area for routes of administration used

- Additional authorization for Intravenous Therapy on your Injection Therapies Permit for IV-based ozone applications

APPROVED TRAINING PROGRAMS

The NSCNR approves training required for a permit. A pre-approved training list appears in Appendix A of the Standard of Practice and will be amended as new courses are approved.

You can submit a course in advance to the NSCNR Continued Education Committee for review and consideration for approval by the NSCNR Board. Submitted courses must include the components outlined in the full Standard of Practice for approval and submissions should include the full curriculum and instructor credentials.

RENEWAL OF PERMIT: CHECKLIST

To renew an Ozone & Oxidative Therapies permit annually, you must provide proof of:

- ✓ at least 4 hours of NSCNR-approved ozone or oxidative therapy-specific continuing education in the prior CE cycle
- ✓ renewal of any other permit required for the method of administration used
- ✓ professional liability coverage as required by NSCNR
- ✓ current advanced first aid certification as required
- ✓ an emergency response protocol appropriate to the procedures performed
- ✓ completion of any continuing professional development activities required by NSCNR related to advanced techniques or emergency management

If your ozone practice **includes injection-based care or IV-based care, you must keep those associated permits current as well.** Loss or expiry of the related route-based permit means you must immediately stop providing ozone by that route.

YOUR RESPONSIBILITIES

As a regulated health professional, you remain responsible for all clinical decisions, recommendations, and actions related to ozone and oxidative therapies. Permit training establishes baseline competence, but it does not authorize every possible application, route, or substance. Additional training may be required before first use of a specific procedure or technique.

You are responsible to:

- ❖ practise only within the naturopathic scope of practice
- ❖ ensure that each ozone or oxidative therapy aligns with your personal training, competence, and permit authorization
- ❖ hold the additional Injection Therapies Reserved Practice Permit where injection-based ozone is used
- ❖ hold the additional Intravenous Therapy Reserved Practice Permit where IV ozone is used

- ❖ comply with all other applicable NSCNR Standards, including:
 - ✓ informed consent
 - ✓ patient record management
 - ✓ emergency preparedness
 - ✓ infectious disease prevention and control
 - ✓ immediate-use compounding

- ❖ maintain patient records for ozone and oxidative therapies which are accurate, specific, and contemporaneous, and should include, where applicable:
 - ✓ confirmation of informed consent
 - ✓ clinical indication, relevant contraindications, and diagnosis or treatment rationale
 - ✓ date and time of administration
 - ✓ route of administration
 - ✓ treatment site, where relevant
 - ✓ concentration, dose, and volume
 - ✓ solution details, additives, or carrier substances, where applicable
 - ✓ lot number and expiry, where applicable
 - ✓ preparation details, including who prepared the treatment
 - ✓ patient response, monitoring performed, and any adverse events or actions taken

 - ✓ For injection-based ozone or IV ozone, the documentation should also meet the specific documentation requirements of the associated Injection Therapies or Intravenous Therapy standards.

- ❖ maintain appropriate sterile technique, infection control, and waste disposal
- ❖ ensure all substances, devices, and equipment meet applicable NSCNR and Health Canada requirements
- ❖ ensure emergency supplies, protocols, and readiness are appropriate to the procedures performed
- ❖ understand that practising in a shared clinic or multidisciplinary setting does not reduce your independent responsibility to meet NSCNR standards

If you are not sure about the interpretation of any standard, including this one, please reach out to the NSCNR for clarification. We strongly recommend using the NSCNR as your practice advisory resource as other sources of information may not be accurate and could inadvertently result in non-compliance.

EMAIL: registrar@nscnr.ca
 CALL: 902-407-4255

DO A SELF-CHECK

Consider the self-assessment questions and if the answer *might* be unclear or unsure of compliance → **training likely required before using.**

Ask yourself:

- ✓ Do I hold the Ozone & Oxidative Therapies permit?
- ✓ Am I using a route that also requires an Injection Therapies permit or Intravenous Therapy permit?
- ✓ Do I hold that additional permit?
- ✓ Have I completed specific training for this technique and route?
- ✓ Is my knowledge and practical skill recent enough for competence?
- ✓ Do I have the emergency readiness, supplies, and protocols required for this treatment?
- ✓ Can I clearly defend my decision-making, competence, and documentation if audited by NSCNR?

Can I Perform This Ozone Procedure?

- ❖ **Do I hold a current Ozone & Oxidative Therapies permit?**
→ If **no**, stop.
- ❖ **Is the intended route injection-based?**
→ If yes, I must also hold the Injection Therapies permit.
- ❖ **Is the intended route intravenous?**
→ If yes, I must also hold the Intravenous Therapy permit.
- ❖ **Have I completed specific training for this exact technique?**
→ If **no or unsure**, train first.
- ❖ **Am I equipped to manage complications or emergencies related to this treatment?**
→ If **no**, do not proceed.
- ❖ **Can I defend my competence and clinical judgment if something goes wrong?**
→ If **no**, do not proceed.